

Archives 2009-2010

Vastra:: The Clothes Bank

April

Vastra has received clothes to the extent of 8084 pcs & distributed 2099 pcs to the following organizations:

- CURDS Center for urban & rural development society, Bangalore, for their clothes distribution programme.
- Getsamina prayer hall, Bangalore has been supported with clothes for all age groups.
- Nava Karnataka social service organization has been supported with clothes for all age groups, suit case, and foot wear for their clothes distribution camp.
- Out reach, Bangalore has been supported with children's clothes.

May

Vastra has received clothes to the extent of 11246 pcs & distributed 4453 pcs to the following organizations:

- CURDS Concern for urban & rural development society, Bangalore, for their clothes distribution programme.
- Clothes for all age groups have been supported to the organization Gramajeewan Rural education society trust, Pavagada region for their rural clothes distribution programme.
- Gilgal Bangalore has been supported with clothes for adults.
- Janodaya rural development society has been supported with clothes for adults for their senior citizen's day care initiative.
- Jaibharath citizen's welfare association, Bangalore has been supported with clothes for all age groups for their rural clothes distribution programme.
- ROOTS, Bangalore have been supported with clothes for all age groups for their rural clothes distribution programme.
- Sadashraya charitable trust, Bangalore has been supported with clothes for all age groups for their rural clothes distribution programme.

June

Vastra has received clothes to the extent of 11730 pcs & distributed 2831 pcs to the following organizations:

- Clothes for all age groups have been supported to the organization BRIDGE, Bangalore for their clothes distribution programme at J.C.Road slum dwellers forum.
- Clothes for children / teenagers have been sourced to Auxillium Navajeewana, Bangalore.
- Clothes for all age groups have been supported to the organization Humanitarian Hands transit home, Bangalore.
- Children's clothes have been supported to the government aided school Model School.
- Children's clothes have been supported to the organization Narendra Nele, Bangalore.

- Pestolozzi Children's village, Bangalore has been supported with children's clothes.
- Spoorthi Social welfare association, Bangalore has been supported with children's clothes.
- Vivekananda Kendra, Bangalore has been supported with clothes for all age groups.
- Sri Shirdi Sai Surya Charitable trust, Bangalore has been supported with clothes, vessels, TV Stand, Mattresses, radio/CD player & table.
- Clothes for all age groups have been supported to the organization ORBIT, Humnabad, Bidar District.
- Clothes for all age groups have been supported to the organization New Jeewan Charitable Trust OF India, Kerala.

July

Vastra has received clothes to the extent of 10582 pcs & distributed 2376 pcs to the following organizations:

- Clothes for all age groups have been supported to the organization Humanitarian Hands Bangalore.
- Clothes for all age groups have been supported to the organization ORBIT, Humnabad, Bidar District.
- Clothes for all age groups have been supported to the organization Janodaya Rural Development Society, Bangalore.
- Clothes for children have been supported to the organization Vishranthi Public Trust, Bangalore.
- Rural government Schools of Gidadapalya & jenukallu have been supported with children's clothes.

August

Vastra has received clothes to the extent of 13447 pcs & distributed 8991 pcs to the following organizations:

- Aim for sewa has been supported with sanitary napkins, inner wear for children & women for their residential care units in Karnataka.
- Sanitary napkins, inner wear for children & women have been sourced to Auxillium Navajeewana, Bangalore.
- FIDES {Family integral development Education Scheme} Bangalore has been supported with clothes for all age groups, Lamp Shade, Jars & glass bowls.
- Archana Education & rural Development Society, Bangalore, has been supported with children's clothes & towels.
- Clothes for all age groups have been supported to the organization Janodaya Rural Development Society, Bangalore.
- Clothes for all men have been supported to the organization Janodaya Public Trust, Bangalore.
- Pestolozzi Children's village, Bangalore has been supported with children's clothes, towels & bed sheets.
- Patadamane Okkuta, Bangalore has been supported with children's clothes, Pencils, pencil boxes, old school bags etc.
- Swanthana Daughters of st. Camillus, Bangalore has been supported with Rubber sheets & towels.
- Clothes for all age groups have been supported to the organization Association for bottom Strata, Puthukottai, Tamil Nadu.

- Clothes for women have been supported to the organization REDS, Bangalore.
- Clothes for all age groups have been supported to the organization Sri Shirdi Sai Surya Charitable Trust, Bangalore.
- Clothes for all age groups have been supported to the organization Abhyudaya, Kushtagi, Koppal Taluq of Karnataka.
- Swarna Anu Sthree Shakti Group, Bangalore has been supported with clothes for all age groups, bed sheets & towels.
- S.N.Dasappa Education Society, Bangalore has been supported with clothes for children, towels & bed sheets.

September

Vastra received 5591 pieces of clothes and distributed a total number of 1629 children, women and men's clothes, bed sheets, and towels and a total of 49 cycles, toys, and vessels to various organizations.

The organizations are:

- Archana Education and Rural Development Society
- Akila Karnataka Jai Bheem Handicap Trust
- CURDS Concern for Urban and Rural Development Society
- Janani Charitable Trust for Community Development
- Janodaya Rural Development Society
- Mount Carmel College
- Pestolozzy Children's Village
- Sisters of Redemption Jeevanalaya Women's Welfare Centre
- S.N. Dasappa Education Society
- Swarna Anu Sthree Shakti Group
- Vidyaranya Education and Development Society

October

Vastra received 16909 pcs of clothes and distributed a total number of 13613 pcs of children, women and men's clothes, bed sheets, winter wear and towels to various organizations, as well as flood relief operations

The organizations are:

- Krishnaveni Education, Health & Environment Society, Vijayavada, Andhra Pradesh.
- Chand minority welfare association, Kurnool, Andhra Pradesh.
- Project Orissa.
- Abhyudaya trust, Kushtagi, Karnataka.
- Vishwabharathi Kalaniketan & Education Society, Bellary, Karnataka.
- Indhira Abhyudaya Trust, Kumta, Karnataka
- HPS Garjur, Belgam, Karnataka.
- Banjara lambani gurupeeta Trust, Chitradurga, Karnataka.
- Abraham's orphanage, Bangalore.
- Center for urban & rural development society, Bangalore.
- Child fund association. Bangalore.
- Farmer's development agency, chikkaballapur.
- GLPS Jenukallu, Bangalore south.

- Sri Shirdi Sai Surya Charitable trust, Bangalore
- S.N.Dasappa Education Society, Bangalore.
- Surabhi Foundation Trust, Bangalore.

November

Vastra received and distributed a total number of 7406 pcs of children, women and men's clothes, bed sheets, winter wear and towels to various organizations, as well as flood relief operations.

The organizations are:

- ADATS, Kolar District.
- Akhila Karnataka Jaibheem Handicap trust, Bidadi.
- Center for urban & rural development society, Bangalore.
- Ekata Charitable Trust, Bangalore.
- Humanitarian Hands, Bangalore.
- Janodaya Rural Development Society, Bangalore.
- Maa Sarasa Social Welfare & Education Society, Sindhanur.
- LPS Gidadapaalya, Bangalore South.
- LPS Chikellur, Bangalore South.
- S.N.Dasappa Education Society, Bangalore.
- Vishwabharathi Kalaniketan & Education Society, Bellary.
- Association For Bottom Strata, Puthukottai, Tamilnadu.
- Krishnaveni Education, Health & Environment Society, Vijayawada, Andhra Pradesh.
- Jana Jagruthi Samithi, Chittoor, Andhra Pradesh.
- Jana Vikasa Nilayam, Kurnool, Andhra Pradesh.

December

Vastra received a total number of 7450 pcs and distributed 5701 pcs of children, women and men's clothes, bed sheets, winter wear, pillows, blankets and furniture to various organizations. The organizations are

The organizations are:

- Auxillium Navajeevana, Bangalore.
- Koramangala Tamil & Kannada School, Bangalore
- Ekta Charitable Trust, Bangalore.
- Global Grant for Life, Bangalore.
- Jai Bharath Citizen's Welfare Association, Bangalore.
- Janodaya Rural Development Society, Bangalore.
- Karuna Bhavan Home for the aged, chamarajasagar, Kollegal.
- Navodaya Kishora Vasathi Shaale, Bangalore.
- Nava Karnataka Social Service Organization, Bangalore.
- Priyanka Urban & Rural Development Organization, Bangalore, chikkaballapur & Doddaballapur.
- Pestolozzy Children's Village, Bangalore.
- S.N. Dasappa Education Society, Bangalore.
- Swarna AnuStree Shakti Group, Bangalore.
- Jana Jagrithi Samithi, Chittoor, Andhra Pradesh.
- New Jeevan Charitable Trust of India, Kerala.

January

Vastra received a total number of 8213 pcs and distributed 7120 pcs of children, women and men's clothes, bed sheets, winter wear and towels to various organizations. The organizations are:

The organizations are:

- Auxillium Navajeevana, Avalahalli, Bangalore.
- Humanitarian Hands, Bangalore.
- Janani charitable trust for community development, Bangalore.
- Pestolozzy Children's Village, Bangalore.
- Snehajyothi charitable trust, Bangalore.
- People's voice for social justice, Davanagere.
- Sri Venkateshwara Old age Home, Pavagada.
- Sai Trust, Pavagada.
- Helping Heart Trust, Aranthangi Region of pudhukkottai, Tamilnadu.
- Krishnaveni Education, Health & Environment Society, vijayawada, Andhra Pradesh.
- Urban Poor Women's Society, Hindhupur, Andhra Pradesh.

February

Vastra received a total number of 7909 pcs and distributed 6418 pcs of clothes for all age groups to various organizations. The organizations are:

- Krishnaveni Education, Health & Environment Society, Vijayawada, Andhra Pradesh.
- Jana Jagrithi Samithi, Chittoor, Andhra Pradesh.
- Abraham's orphanage, Bangalore.
- Jai Bharath Citizen's Welfare association, Bangalore.
- Maa Sarasa Social Welfare & Education Society, Sindhanur.
- Need Trust, Bangalore.
- Sri Patel Palaiah Education, urban rural development Society, Chitradurga.
- Pestalozzi Children's Village, Bangalore.
- Sri Shirdi Sai Surya Charitable trust, Bangalore.
- Swarna Anu Sthree Shakti Group, Bangalore.

March

Vastra received a total number of 8327 pcs and distributed 8266 pcs of clothes for all age groups to various organizations. The organizations are:

- Krishnaveni Education, Health & Environment Society, Vijayawada, Andhra Pradesh.
- Jana Jagrithi Samithi, Chittoor, Andhra Pradesh.
- Jana Vikasa Nilayam, Kurnool, Andhra Pradesh.
- Rural Reconstruction Society, Nellore District of Andhra Pradesh.
- New Jeevan Charitable Trust Of India, Kerala.
- AWWA (Affus Woman Welfare Association) Hubli, Karnataka.
- SARWC Service Agency For Rural Women & Children, Mulbagil, Karnataka.
- Janodaya Public Trust, Bangalore.
- Pestalozzi Children's Village, Bangalore.
- S.L.Dasappa Education Society, Bangalore.
- APSA Association for promoting Social action, Bangalore.

Aahaar:: The Food Bank

May

Aahaar has received & distributed 281 kgs of food grains to:

- Abrahams Orphanage, Bangalore.
- Sisters of Redemption, Nelamangala.

October

Aahaar has received & distributed 590 Kgs of Food Grains to the following organizations:

The organizations are:

- Abhyudaya trust, Kushtagi, Karnataka. (flood relief programme)
- Abraham's orphanage, Bangalore.
- Surabhi Foundation Trust, Bangalore.
- Sri Shirdi Sai Surya Charitable trust, Bangalore.

January

Aahaar has received & distributed 25 kgs of rice to Sri Venkateshwara Old age Home, Pavagada.

February

Aahaar has received & distributed 22 kgs of rice to Sri Shirdi Sai Surya Charitable trust, Bangalore.

March

Aahaar has received & distributed 650 kgs of Food Grains to the following organizations: The organizations are:

- Sri Shirdi Sai Surya Charitable trust, Bangalore.
- APSA Association for promoting Social action, Bangalore.
- Abraham's orphanage, Bangalore.
- SARWC Service Agency For Rural Women & Children, Mulbagil, Karnataka.

Arogya:: Medical Relief

April

Aarogya has received medicines to the extent of 775 tabs & distributed 500 tabs to the following organizations:

- Janodaya Rural Development Society, Bangalore.
- Karuna Bhawan Home for the aged, Kollegal, Mysore district
- Out Reach, Bangalore.

May

Aarogya has received medicines to the extent of 1001 tabs & distributed

881 tabs to the following organizations:

- CURDS Concern for urban & rural development society, Bangalore.
- Vivekananda Eye Hospital, Bangalore.
- Sahasra Deepika, Bangalore.

June

Aarogya has received medicines to the extent of 1213 tabs & distributed 1122 tabs to the following organizations:

- CURDS Concern for urban & rural development society, Bangalore.
- Humanitarian Hands Trust, Bangalore.
- Janodaya Rural Development Society, Bangalore.
- Helpage India, Bangalore.

July

Aarogya has received medicines to the extent of 2175 tabs & distributed the same to

• CURDS – Concern for urban & rural development society, Bangalore.

August

Aarogya has received medicines to the extent of 565 tabs & distributed the same to

• CURDS – Concern for urban & rural development society, Bangalore.

September

Aarogya distributed 70 tabs to Vivekananda Sevashrama Eye Hospital.

October

Aarogya has received & Distributed 4353 tablets to the following organization:

• Center for urban & rural development society, Bangalore.

November

Aarogya has received & Distributed 51074 tablets to the following organizations:

- Center for urban & rural development society, Bangalore.
- Humanitarian Hands, Bangalore.
- Keshava Seva Samithi, Bangalore.
- Flood relief work at sunkesula village & amar Hyder colony, Kurnool.
- Ramakrishna Mission, Bangalore.
- Sri Vivekananda Sevashrama Eye Hospital, Bangalore.

December

Aarogya has received & Distributed 26499 tablets to the following organizations:

- Help age India, Bangalore.
- Humanitarian Hands, Bangalore.
- Karuna Bhawan Home for the aged, Kollegal, Mysore district
- Ramakrishna Mission, Bangalore.
- Sri Vivekananda Sevashrama Eye Hospital, Bangalore.
- Isha Foundation, Coimbatore, Tamilnadu.

January

Aarogya has received 71562 tablets & Distributed 17627 tablets to the following organizations:

- Humanitarian Hands, Bangalore.
- Ramakrishna Mission, Bangalore.
- Sri Vivekananda Sevashrama Eye Hospital, Bangalore.
- Sri Vivekananda Sevashrama Eye Hospital, Tataguni, Bangalore.
- Curds: Project area Udupi, Anekal region.

February

Aarogya has received 1,68,141 tablets & Distributed 58539 tablets to the following organizations:

- Humanitarian Hands, Bangalore.
- Ramakrishna Mission, Bangalore.
- Curds: Project area Udupi, Anekal region.
- Health Foundation, Bangalore.
- Padmabhushan Dr.M.C.Modi Charitable Eye Hospital, Bangalore.

March

Aarogya has received & Distributed 1,11,672 tablets to the following organizations:

- Ramakrishna Mission, Bangalore.
- Curds: Project area Udupi, Anekal region.
- Humanitarian Hands, Bangalore.
- Padmabhushan Dr.M.C.Modi Charitable Eye Hospital, Bangalore.
- Swathi Mahila Sangha, Bangalore.
- Vivekananda Sevashrama Eye Hospital, Bangalore.
- Isha Foundation, Coimbatore & Salem, Tamil Nadu.
- New Jeevan Charitable Trust Of India, Kerala.

Vidhya:: Educational Aid

May

Bharatiya Vidya Bhavan, Kolaikkad, Mannapra, Palghat district of Kerala has been supported with paints for their school.

June

Project Vidhya has received 100450 new note books & other stationeries have been distributed to the rural government school children of various clusters:

- Tavarekere Cluster.
- Ganapathihalli Cluster.
- Hulluvenahalli Cluster.
- Janatha Colony Cluster.
- Madabal Cluster.
- Hosapalya Cluster.
- Dinnalli Cluster.
- Huladenahalli Cluster.
- Tekal Cluster.

- Kalabhavi Cluster.
- GHPS Nelogal Kurubagonda Cluster.
- New Jeewan Charitable Trust of India Kerala

July

- Medical checkup camp was organized for 600 rural school children of Dombaranahalli, Hullekere
 in Coordination with Honeywell Technology solutions lab pvt. Ltd, Bangalore. Under the healthy
 schools initiative programme.
- 11 students of Bharatiya Vidya Bhavan, Kolaikkad, Mannapra, Palghat district of Kerala have been supported with Scholarships.
- 16 students from Bangalore have been supported for scholarships in co ordination with Honeywell Technology solutions lab pvt.ltd, Bangalore

August

Mr. Nagaraj Ananth from Galileo science club presented the programme:

- A movie about Moon mission by ISRO chandrayaan duration: 40 minutes.
- Benefits Of Satellites For Common Man Slide show and explanation.

For the rural children of Sree Someshwara High School at Dombaranahalli & Sree Basaweshwara Composite Junior College at Hullekere. Tumkur District.

February

• Children from the slums of koramangala have been supported with new note books for their English learning programme which is being conducted by Abraham's orphanage, Bangalore.

Mobility Aids

April

- Sri Vaishnavi Special Education Academy, Bangalore, has been supported with 2 Walkers, for special children.
- 33 wheel chairs have been distributed to the beneficiaries in the region of Bangalore, chikkaballapur, tumkur, kolar, raichur district of Karnataka, in co ordination with Rotary club peenya, Bangalore.

May

9 wheel chairs have been distributed to the beneficiaries in the region of Davangere, Karnataka.

June

- Karuna Bhawan Home for the aged, chamarajanagar, kollegal thaluk, has been supported with 1
 pair of crutches.
- Hearing aid camp has been organized in co ordination with Honeywell technology solutions lab. Pvt.Ltd, Bangalore. 40 beneficiaries have been supported with hearing aids.
- 17 wheel chairs have been distributed to the beneficiaries of the mobility aids programme of Rotary club peenya, Bangalore.

July

• Hearing aid camp has been organized in co ordination with Honeywell technology solutions lab. Pvt.Ltd, Bangalore. 26 beneficiaries have been supported with hearing aids.

August

Hearing aid camp has been organized in co ordination with Honeywell technology solutions lab.
 Pvt.Ltd, Bangalore. 23 beneficiaries have been supported with hearing aids.

September

Hearing aid camp has been organized in co ordination with Honeywell technology solutions lab.
 Pvt.Ltd, Bangalore. 20 beneficiaries have been supported with hearing aids.

October

One metal wheel chair has been issued to a beneficiary from Karnataka.

November

Two walkers have been issued to the beneficiaries from Bangalore.

December

Three pairs of crutches & a walker has been sourced to New Jeewan Charitable Trust of India –
 Kerala.

January

- Hearing aid camp has been organized in co ordination with Honeywell technology solutions lab. Pvt.Ltd, Bangalore. 12 beneficiaries have been supported with hearing aids.
- Twelve Wheel chairs have been contributed to the free mobility aids programme Jaipur foot camp in Bangalore.

February

- One walker has been issued to the beneficiary from Bangalore.
- Thirty four folding canes & Five Braille Slates have been sourced to beneficiaries from Hindhupur in co ordination with the organization ROH [Relief Organization for the Handicapped]

March

- Three wheel chairs have been supported to the beneficiaries from Sagara & Bangalore.
- One pair of elbow crutches has been issued to a beneficiary from Sagara.
- Four Walkers have been issued to the special needs children of Sri Vaishnavi Special Educational Academy, Kanakapura Thaluk, Ramanagara dist. Of Karnataka.

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Soukya

August - 2009



Ms. Jansy Rani. M. 22 year old from Bangalore has been supported with surgery – Rheumatic Heart disease / Mitral Valve Replacement at Manipal hospital, Bangalore.

September - 2009



Soukya supported an open heart surgery, Valve Replacement at Manipal hospital, Bangalore for Ms. Prathima Parida.

October - 2009



Soukya supported an open heart surgery, Valve Replacement at Manipal hospital, Bangalore for Master Veeresh.

February

- Soukya has supported the eye treatment of Anand at Sreedhareeyam Ayurvedic Eye Hospital Private Limited. Kerala.
- Soukya has supported treatment / surgery for post burns contractures for Smt. Bhagyamma, at St.John's Medical Hospital, Bangalore.

Our Thanks to

- Abhalashrama, Bangalore.
- Abhayashrama, Bangalore.
- Anatha Shishu Nivasa, Bangalore.
- Arvin Meritor, Bangalore.
- Belaku Shishu Nivasa, Bangalore.
- Brain O Brain, Bangalore.
- Bosco Bangalore Oniyavara Seva Coota, Bangalore.
- Cadence Design Systems [I] Pvt.Ltd, Bangalore.
- Cable & wireless [I] Ltd, Bangalore.
- Cerner Healthcare Solutions Pvt.Ltd. Bangalore.
- Dream a Dream, Bangalore.
- Faciatek, Bangalore.
- GMR Varalakshmi Foundation, Bangalore.
- Helpage India, Bangalore.
- Honeywell Technology Solutions Lab. Pvt. Ltd. Bangalore.
- iGate Global Solutions Limited, Bangalore.
- Imagine India, Bangalore.
- Indhira Abhyudaya Trust, Kumta.
- Indian Red Cross Society, Bangalore.
- Infosys, Bangalore.
- iVolunteer, Bangalore.
- J.T.Vishwanathan's Educational Trust, Bangalore.
- Karnataka Institute of Public Auditors, Bangalore.
- K Bace Technologies, Bangalore.
- Manipal Hospital, Bangalore.
- Meenakshi Mission Hospital & Research Center, Madhurai.
- MSG Ibexi India Pvt.Ltd. Bangalore.
- Millward Brown, Bangalore.
- Nightingales Medical Trust, Bangalore.
- Net App India Private Limited, Bangalore.
- Oracle Solutions & services [I] Pvt.Ltd.Bangalore.
- PESIT, Bangalore.
- Ramakrishna Mission, Bangalore.
- Rotract Bangalore West [RI 3190] Bangalore.
- Rotract MES malleshwaram, Bangalore.
- Saheli Club, Bangalore.

- Sanwa Diamond Tools Pvt. Ltd. Bangalore.
- Sathyam Ministries, Kerala.
- Sharadha Nursery & Primary School, Bangalore.
- S.T.Reach c/o S.T.Micro Electronics, Bangalore.
- Student volunteers of Indian Institute of Science, Bangalore.
- Student volunteers Jain University, Bangalore.
- Tata Consultancy Services, Bangalore.
- Uniglass Industries Pvt.Ltd, Bangalore.
- Valtech India Systems Pvt.Ltd, Bangalore.
- VM Ware software India Pvt.Ltd. Bangalore
- Wagdevi Vilasha Shale, Bangalore.
- Youth for seva, Bangalore.

Events

Vocational Training Programme Hand Smocking & Embroidery For Rural Women Conducted By Mrs. Usha Venkateshwaran:

Introduction:

Smocking is embroidery on pleats that have been pleated before smocking. Smocking - its name derives from smock — a farmer's work shirt. Smocking was used most extensively in the eighteenth and nineteenth centuries. Before elastic, smocking was commonly used in cuffs, necklines in garments where buttons were undesirable. Smocking was handed down from generation to generation.

Smocking usually involves reducing the dimensions of a piece of fabric to one-third of its original width. Smocking requires lightweight fabric with a stable weave that gathers well. Cotton and silk are typical fiber choices. Smocking is worked on a crew embroidery needle in cotton or silk thread and normally requires three times the width of initial material as the finished item will have. Smocking is used extensively on children's garments.

Women & students from the region of Dombarnahalli, thuruvekere thaluk, Hullekere, have been trained in Hand smocking & embroidery.







September:

Hygiene Awareness Programme

Since it is a known fact that people listen to doctors rather than normal people, a series of talks by Health Inspector Mr. Boregowda, and others, was organized by the Trust.

Mr. Boregowda, who works in Turuvekere, addressed students of Sri Someshwara High School, Dombaranahalli, on Sept 17 on topics ranging from personal and dental hygiene, diseases like swine flu and malaria, food poisoning and HIV/AIDS. The programme was well-received by the students who appreciated Mr. Boregowda's use of real life examples. They look forward to more such talks in the future.

Personal Hygiene Awareness

A series of talks on personal hygiene was organized by the Trust on Sept 11 in Dombaranahalli and Sept 15 in Harikaranahalli and Karigondanahalli. The talks were directed at students from three local schools and an equal number of boys and girls from low socioeconomic backgrounds were chosen from each school. The children learnt the proper way of brushing teeth, bathing, etc. They were happy with the activity and look forward to more in the future.

Genital Hygiene Programme

Girl students (7th – 12th standard) from two local schools in Dombaranahalli were addressed on genital hygiene by Ms Kala Charlu from the Mitu Foundation on Sept 16.

Ms Kala spoke about important issues including how periods are natural and not a curse and that they have to occur regularly for good health. The students were initially uncomfortable with the topic and

some did not even know why periods existed. However they were impressed with Ms Kala's talk and hope for more such talks in the future.

October:

Community partnership programme McDonalds India:

McDonalds India the world's leading food service retailer provides quality employment and long term careers to the Indian People in need. In co ordination with McDonalds India, Bangalore R.K.Foundation has Placed 20 women candidates from low socio economic background.

November:







R.K.Foundation has coordinated Road Clearance project in Rain Hit Area of Hanumasagara, Kushtagi thaluk of Karnataka with Imagine India & Abhyudaya trust.

February

House reconstruction work at flood/Excess rain hit areas: Chandragiri Village, project supported by VMware software India Pvt.Ltd. Bangalore, Co ordinate by Abhyudaya trust, Hanumasagara, Kushtagi region of Karnataka & R.K.Foundation:

• Damaged wall & Lavatory has been reconstructed. Roof has been repaired. Astra Oven has been provided for.